



# Berlin – Green Oasis

Berlin is setting trends in sustainability

# Berlin – Green Oasis

## Berlin is setting trends in sustainability

### **Ecological, green and individual**

Urban gardening, green fashion, and vegan gastronomy are turning the former industrial city of Berlin into an increasingly green metropolis. This change is driven by a desire to preserve and expand green oases, coupled with the willingness to follow sustainable and alternative paths. The city has long been known for its forests: more than a third of the nearly city is green space, half of which is forest. Berliners love to be green in every aspect of their lives and are trendsetters when it comes to sustainability.

### **Berlin: a green metropolis**

More than 2,500 parks and gardens make Berlin a truly green oasis. One of the most attractive spots in the capital is certainly the Britzer Garten garden. With extensive lakes, spacious lawns, numerous groves of trees, and spectacular shows put on by the flowers, the garden offers pure relaxation, but also a play paradise for children. The Gärten der Welt (gardens of the world) in Marzahn brings together exceptional horticulture from Asia and Europe. The cable car and natural bobsleigh track added for IGA 2017 add even more fun. The Tiergarten is a city park in the immediate vicinity of the Brandenburger Tor (Brandenburg Gate) that offers 210 hectares perfect for a refreshing stroll under the shade of the trees. The green side of Berlin is also characterised by projects like Himmelbeet, where people come together to grow fruit and vegetables. Urban gardening is not just an outdoor trend, as can be seen at InFarm in Berlin's Kreuzberg district. This indoor farming specialist grows plants and herbs in its 310 qm greenhouse for sale to various Berlin restaurants.

# Berlin – Green Oasis

## Berlin is setting trends in sustainability

### Sleeping sustainably? Sure, why not? Everything's possible in Berlin

Living in an urban tree house four metres off the ground: in the residential area near Krumme Lanke visitors are given the chance to create a new relationship to nature by literally living amongst the greenery. The “Euref Campus” has been built as a smart city district in Schöneberg. Ecologically and economically sustainable ideas will make this office and research centre a European centre for innovation and future-oriented projects. If you value environmentally friendly hotels, Berlin is the right place for you. The Almodóvar Hotel that opened in 2012 in Friedrichshain district calls itself a "bio-hotel" and only serves organic food, uses furniture made of sustainably grown wood, and only offers certified natural cosmetics in its bathrooms. Scandic Hotels understands itself as a sustainable hotel chain and its location on Potsdamer Platz has already won several awards.

### Berlin stands for green enjoyment

The German capital offers a variety of vegetarian and vegan restaurants and is also setting sustainable trends in dining. Prestigious US magazine "Saveur" named Berlin the new capital for vegetarians in late 2015. Cookies Cream in Mitte is considered a hotspot among the capital's vegetarian restaurants and has recently garnered its first Michelin star for its innovative creations in high-end vegetarian cuisine. The 100 % vegan restaurant Geh Veg in Moabit Iso brims with creativity. It's not only a good spot for breakfast, it also offers delicious snacks, salads, cakes, and smoothies. The restaurant Rawtastic serves up raw vegan food in different creative variations. The menu offers a variety of dishes such as power rolls or buckwheat pizza.

# Berlin – Green Oasis

## Berlin is setting trends in sustainability

### Buying food with a clear conscience

To buy ingredients for green cooking, Berlin offers a number of organic markets and market halls. Here you will find fruit and vegetables, meat, cheese, and much more from certified organic sources. The district Prenzlauer Berg claims to have the largest organic supermarket in Europe. LPG at Senefelder Platz offers plenty of organic foodstuffs, with 18,000 products over 1,600 qm of floor space. Since 2014, the supermarket Original Unverpackt has been offering all of its products without packaging. Customers use reusable bags and storage jars to take their purchases home. One of the best-known points of contact for regional products is Markthalle Neun in Kreuzberg, featuring a bakery, butcher's shop, and a tofu shop. Also beautiful Arminius Markthalle in Moabit offers sustainable, regional products.

### Berlin is a hotspot for sustainable fashion

Ecologically conscious fashion does not mean having to do without luxury and glamour. This can be seen in the GREENshowroom held during each Berlin Fashion Week. Here Berlin and foreign labels with high ecological standards show that you can still dress stylishly with fairly produced fashions. Umasan Healthstyle on Linienstraße in Mitte is the world's first label offering only organic vegan goods under fair trade conditions. The operators forgo all animal products and are instead experimenting with innovative fibres. Those who value natural cosmetics will find what they are looking for at Und Gretel. Cosmetics do not require synthetic preservatives or chemical components. The Upcycling Fashion Store displays wares by international designers who reuse previously worn clothing and materials to create new products.

# Berlin – Green Oasis

Berlin is setting trends in sustainability

## Exploring sustainable Berlin

GreenMe Berlin offers a full source of information about going green in Berlin. The platform provides an overview of the city's green offerings, from restaurants and cafés to shops and events. When it comes to discovery tours in Berlin, numerous companies rely on bicycles. Berlin on Bike, Fat Tire Tours Berlin, and Fahrradstation offer guided tours on various topics of interest. Those who don't want to pedalling themselves can opt for a pedicab: the modern City Cruisers are equipped with a cabin for two. You can also explore the city in an environmentally friendly way by water. The Riedel shipping company added the SunCat, Berlin's first solar-powered passenger ship, to its fleet in 2017.

# Berlin – Green Oasis

Find out more about this topic

## Our tips:

- › Berlin's parks and gardens → <http://bit.ly/2tiuEwn>
- › Lakes in Berlin → <http://bit.ly/2l3U1Fu>
- › Vegetarian and vegan cuisine → <http://bit.ly/2oGaqYT>
- › Market halls in Berlin → <http://bit.ly/2oIHsHS>
- › Fresh products from the region → <http://bit.ly/2l2P4wU>
- › The city's green offerings at GreenMe → <http://bit.ly/28Yu4ta>
- › International Green Week Berlin → <http://bit.ly/2qSM6GN>
- › Creative sustainability tours Berlin → <http://bit.ly/2H5RitQ>
- › ECF Farm Berlin → <http://bit.ly/2GXzl0T>
- › Grüne Liga Berlin → <http://bit.ly/2CSi86y>

# Pictures

Download on:  
[bit.ly/2oWTLjB](https://bit.ly/2oWTLjB)



# More Berlin inspiration



[visitBerlin.com](http://visitBerlin.com) | [about.visitBerlin.com](http://about.visitBerlin.com)



[fb.com/visitBerlin](https://fb.com/visitBerlin) | [fb.com/Berlin](https://fb.com/Berlin)



[@visitBerlin](https://twitter.com/visitBerlin) | [@BerlinTourism](https://twitter.com/BerlinTourism)



[blog.visitBerlin.com](http://blog.visitBerlin.com)



[@visit\\_Berlin](https://instagram.com/visit_Berlin)



[youtube.com/Berlin](https://youtube.com/Berlin)

BERLIN-D B4066V

# Impressions taken by our users on Instagram

#visit\_Berlin

#Berlin365

#secretspots\_Berlin

#foodspots\_Berlin

# visitBerlin-Team

More information about Berlin and our company also on: [about.visitBerlin.com](https://about.visitBerlin.com)



**Christian Tänzler**

**Spokesman | Head of Media Relations**

Focus: Latin America,  
AUT, USA, CAN, CHN, D, ES, ISR, PL, UK

[christian.taenzler@visitBerlin.de](mailto:christian.taenzler@visitBerlin.de)



**Anja Mikulla**

**Deputy Spokeswoman | Media Relations Manager**

Focus: AUS, BeNeLux, CH, FR,  
IT, RUS, TUR, VAE/ Middle East

[anja.mikulla@visitBerlin.de](mailto:anja.mikulla@visitBerlin.de)



**Peggy Gallert**

**Media Relations Manager**

Focus: CS, H, SK, SWE, DNK, NOR, FIN

[peggy.gallert@visitBerlin.de](mailto:peggy.gallert@visitBerlin.de)